

VOICE OF THE RESIDENTS

VOL. XIV, No. 2

BROADMEAD, COCKEYSVILLE, MD

OCTOBER 1992

BROADMEAD'S WETLANDS

The Broadmead Wetlands Project, whose construction is moving ahead on both banks of Western Run offers promise of developing into a resource as distinctive as the Rose Garden or the Woodland Nature Trail. Work is under the direction of the State Highway Administration by their contractor, Interstate, on 11.31 acres of land (the project reduced from 14 acres by the findings of Indian artifacts during the archeological digs in March-April 1991). When completed, 6.83 acres of this land will be wetlands. The remainder will be upland forest near York Road, wild flower meadows and a nature trail near the stream.

All of the land is Broadmead property. When the giant shovels, back hoes, front-end loaders, and dump trucks move out, and planting is completed this fall and next spring, the contractor will remove the temporary fences and replace the original fence along York Road. The area will be accessible only to Broadmeaders and invited guests. As before, Western Run will be an added buffer; no bridge will be constructed across its waters.

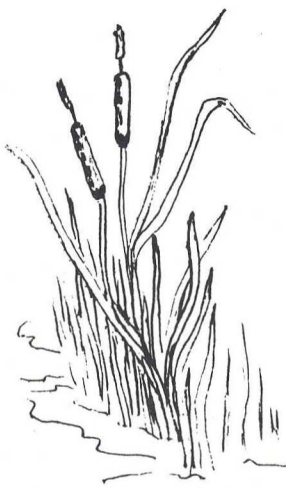
The Wetlands Story. A wetland, simply, is an area inundated or saturated for a period of the growing season sufficient to, and supportive of, vegetation adapted to living in saturated soil. Non-tidal wetlands are valued as natural sponges that help control flooding and filter out pollutants that contaminate reservoirs and threaten marine life. Wetlands also encourage and support plants and animals adapted to swamp-marsh-bog areas.

Once regarded as areas to fill, wetlands are now considered crucial to the environment, and Federal conservation-restoration dates to the early 1970's. In 1989 the Maryland General Assembly passed the Non-tidal Wetlands Act mandating no further net-loss of such wetland.

Seeking an area to mitigate for wetlands lost in the extension of Warren Road to I-83, officials of the State Highway Administration, Baltimore County, and a representative of Biohabitats, Inc., their design consulting firm, sought and gained from Broadmead easement to construct the Wetlands Project. It is financed jointly by State and Federal Governments at a cost of approximately a half-million dollars. The design is by Biohabitats, Inc. of Towson, a leading ecological planner. Ecological Restoration and Management, Inc. will do the planting.

The Uniqueness of Broadmead's Wetlands Project. Many constructed wetlands are in remote areas where few people ever see them. The Broadmead location suggested to the planners a double objective. The design must, of course, turn the relatively idle meadowland zoned flood-plain into an area of ecological benefit and flood control - a function which Residents who have lived here through a flood can appreciate. In addition, its possible use by Residents challenged the designers to envision an area of recreational and educational possibility with increasing beauty as the plantings grew and matured.





With these goals in mind, a Planting Zonation Plan with nine zones was designed, and a schedule was prepared which specified the plants to be used in each zone. Some general features of the overall plan included:

...Improving the channel of Western Run without changing its course - removing debris, doing some sand-bagging, replacing vegetative growth with woody cuttings to reduce erosion.

...Protecting and maintaining established plants -- no large trees or shrubs would be destroyed and their location would affect the design.

...Contouring the land to aid continuous drainage. There will be no ponds or pools of stagnant water where mosquitoes can breed. Even after heavy rain, water will be moving out gradually but continuously.

...Mounding the topsoil and spreading it back over the contoured surface so that seeds it contains can germinate and preserve the natural vegetation. Little or no topsoil will be available for use beyond the Project.

...Grading and excavating toward the water table to create wetland basins, hauling away approximately 3,000 truckloads of subsoil, and returning to the basins enough topsoil to provide for growth of trees and shrubs planted there.

...Monitoring the completed project for one year, and replacing plants that die within the year.

The plan took into account the need for sun on the Residents' garden area, with only meadow flowers and low wetland plants nearby.

Walking the Nature Trail. By the fall of 1993 the grass on the Wetlands Nature Trail should be well enough established for Residents to begin walking there. For a brief view of the Wetlands Project as it should appear at that time, use the Planting Zonation Plan as you read. (A larger framed color copy of this map is on display at the Center.)

Begin at the bottom of the map. Using your index finger as your guide, imagine yourself face inward, York Road behind you, and Pawpaw Lane to your left. You are at the west end of Zone 9, the Nature Trail, a 30-foot walkway through the project. It is covered with mown grass of the type planted along parkways, and the middle ten feet is slightly higher and firmer. Move forward along this grassy path, noting Entrance One to the trail located beyond the barn and directly behind the pond. As you advance between areas of Zones 1, 2, and 4, note the small trees two to three feet high and the 18 to 39-inch shrubs planted randomly in these areas. Some will have grown larger. The soil surrounding them is still mucky, so for at least another year, walk only on the trail.

Look to your right through the old trees across Western Run to glimpse other areas (Zones 1, 2, 4, and 5) also planted with small trees and shrubs of varieties suited to their specific zonations.

As you proceed along the trail, note to your left the beginning of the Wildflower Meadow (Zone 6) near the shed. It stretches on beyond the vegetable gardens. Now cross the bridge built at the point where

the drainage from Broadmead's basin-cattail area south of Clusters BCD finally empties into Western Run. Just beyond this bridge the trail has a small spur which rises above Zone 3's emergent flowers, rushes and grasses. This space is suitable for benches or a narrow shelter.

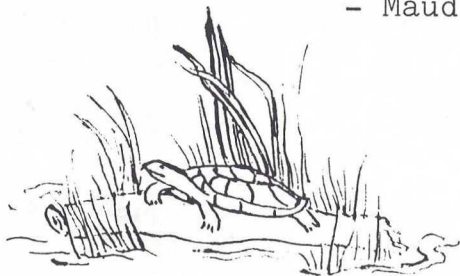
As you walk onward, another area of young trees (Zone 1) bordered by meadow flowers gives way to a curving stretch of emergent wetland vegetation (Zone 3). Here the grassy nature trail angles around the southeasternmost corner of Broadmead property, then swings around through wildflower meadowland to Entrance Two to the trail at the service roadway alongside the vegetable gardens. Note that at its end the

trail curves inward to provide a second raised area adapted for resting, for benches or shelter, and for looking back westward where you have walked and imagining the beauty of the area years from now.

Please. This wetlands introduction concludes by requesting all of us to stay outside the temporary fences for reasons of safety and liability.

More about the design, plantings, possibilities, and care of our wetlands area will appear in the VOICE. Please save your Zonation Planting map for further use.

- Maud Broyles



BROADMEAD WELCOMES

ELIZABETH (Smith) BEGENAU (Mrs. Don)
S-309 785-9727 July 1992

Betty was born in Hamilton, NY and spent her childhood moving about New York State with her parents. After her graduation from Elmira College and the Columbia School of Library Science, she became a librarian in Garden City, Long Island and in a branch of the New York City Library. She then taught for 29 years in Port Chester, NY. Her husband was a dancer for Ruth St. Denis, teaching ballroom, folk and square dancing and managed a summer dance camp; Betty became his dancing partner. To quote her, "My dancing friends were astonished by my erudition and my teaching friends were astonished by my tango." She has a daughter and two grandsons in McLean, VA. After "catching up" with life since moving, she expects to use her musical talents on the recorder and piano to add to Broadmead's enjoyment.

MARCIA EVERT (Mrs. A.N. Hopnan)
S-102 527-0572 July 1992

Marcia is a native of El Paso, TX, who after 36 moves, is finally settling in at Broadmead. After earning a bachelor of fine arts at George Washington University, she studied art at the New School for Social Research and earned a master's degree from the Graduate School of Design at Harvard, and a graduate certificate in stone lithography from the University of Stuttgart, Germany. She lived for 16 years in Europe -- Vienna and Salzburg, Austria; Lyon, France; Stuttgart; Bilbao, Spain -- before returning as art director of Woodward Lothrop in Washington and Macy's in New York. She has been an officer with the State Department, taught at George Washington University and Montgomery Junior College and sold real estate in the Washington area before her retirement. She has more recently lived in Leesburg, VA, where she served as president of the Loudon

County Arts Club and did volunteer work with the visual and performing arts. She has a son, a landscape architect in Dallas and a daughter, a psychologist in Amherst, MA. Marcia has exhibited her abstract art in Aspen, CO, Paris, Rome, Vienna, Zurich and Washington, DC. Her interests include her art work, gardening, driving her red sports car and working with Buildings and Grounds at Broadmead.

MARGARET EVERING Q-4 785-9622
August 1992

Margaret is a Baltimorean who studied nursing and earned both bachelor's and master's degrees at Hopkins. After five years of teaching at the University of Colorado and two years with the National Institutes of Health in Bethesda, she returned to Hopkins as Director of Operating Rooms, where she remained for 30 years. She is a gardener, a volunteer teacher at the Aquarium and a former golfer. She does needlepoint and makes beautiful quilts which grace her apartment. She looks forward to joining the exercise class.

PAUL AND MARGARET (deRopp) duVIVIER
L-10 785-0369 August 1992

The duViviers come to Broadmead from Washington, DC, where they have been living in retirement for 20 years. Margaret was born in California, but after the death of her mother came east to live with her grandmother in Baltimore and to attend the Hannah More Academy and Bradford Junior College. During World War II she was employed by the Department of Public Health at Hopkins in chemical warfare. It was here that she met her husband-to-be.

Though his name is French, Paul hastens to say he was born in New York City of several generations of Americans. His father, the first American lawyer to practice in Paris, took his family to France after World War I, but returned to New Haven, CN just prior to World War

II. Paul's education, begun in Europe, was continued at Princeton, from which he earned a bachelor's degree, and the Georgetown Foreign Service School (a master's). After retirement, he returned to Georgetown for a doctorate in French and Russian history. He spent a 31-year career in public service with the State Department, traveling from New Foundland to France, to the Gold Coast of Africa and to Canada, where their son was born on the fourth of July. The family then went to Sweden, where Paul was Commercial Attache working with heavy industry; it was there their daughter was born. Their travels then took them to Berlin for economic reconstruction, back to DC, and then to Paris and Scotland as Consul General and Frankfurt, Germany, from which service he retired in 1972. Since retirement the duViviers have not been idle, Paul has written several books, and Margaret one. Both have been active with the Smithsonian Institutions. Their varied interests include theater and music, and for Margaret, needlework, gardening and cooking; though his eyesight is failing, Paul hopes to work with some kind of hand craft.

BRICE (Black) BRAMMANN (Mrs. Walter H.) K-13 584-7575 August 1992

Brice is a native of Baltimore whose father and cousin were among the original "mudders" at Broadmead. She studied at Western High School, Chatham College and is a graduate of Goucher College. As a chemistry major, she was first employed by Davidson Chemical Company, and while her husband was overseas during World War II, she worked for the Greenspring Dairy and taught at the Roland Park Country School. She has two daughters living in Texas and two grandchildren. Brice has been an active Goucher alumna, serving as class president, a representative for the Alumni Fund and a leader of Goucher alumni tours. She has served as a Girl Scout leader and is currently a member of the Lake

Music Reviews

LAURA A. VICARI, Soprano
BRADLEY PERMENTER, Piano

On Sunday, August 23, a recital was performed by Laura Vicari and her accompanist, Bradley Permenter.

The Poeme d'un Jour, French songs by Gabriel Fauré, told the romantic story of a woman, meeting her mate, seeing him leave, resigning herself, and saying farewell. Miss Vicari has a clear bell-like tone and has the ability to reflect a wide range of moods.

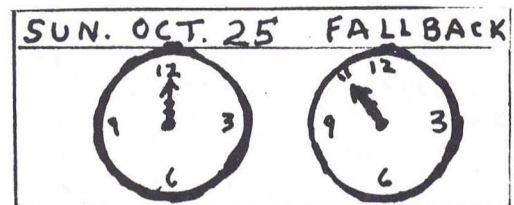
A second set of songs included works of Tosti, Mascagni, Puccini, and Respighi. The ability to convey the story line of these vignettes, using techniques of the operatic stage, was apparent.

Two pieces by a contemporary composer, Kathleen Pierson, present in the audience, followed. These were very modern and atonal but pleasing to the ear.

Two favorite operatic arias by Puccini included "O mio babbino caro" and "Chi il bel sogno di Doretta" were enthusiastically applauded.

The last section was made up of three gypsy songs. Here again, Laura added to the enjoyment of the melodies by her enchanting interpretation of the music.

We expect to hear great things of this lovely artist in the future.
-Mary Lou Moon



Hills Garden Club and the Woman's Club of Roland Park. After World War II, her husband, who sold heavy industrial equipment, was moved about the country - from Washington State to California, New York, Illinois and Michigan. When they returned to Baltimore she was persuaded to enter the Home and Hospital School Program, teaching a "telecast" group involving as many as 20 home-bound students taught by television from a central service. She remained with the program for 17 years. She expects to continue her interests outside Broadmead and after settling in, she will also join Broadmead activities.

JANICE (Hammersla) COOPER (Mrs.
John P., Jr.) Q-11 771-0717
August 1992

Janice is a Baltimorean who grew up in Catonsville and attended Strayer-Bryant-Stratton Business School. After the early death of her first husband, she returned to the Baltimore College of Commerce and earned a degree in business administration. When she remarried, she became an instant mother of two -- a son now living in Alaska and a daughter in Annapolis. She then had another son who lives in Virginia. Her late husband worked with the Telephone Company and was active with the Maryland National Guard. The family lived in Lutherville and Monkton. Janice loves theater and music, needlework, reading and birds. She has many friends at Broadmead, so felt at home at once.

-Betsy Griffin

Apartment Changes

Marian Conner C-4 to T-312
Margaret Cromwell G-6 to C-4

Directory Correction

Brice Brammann K-13

ISTVAN SZABO, Violin
SUNG-HOON MO, Piano

Istvan Szabo is no stranger to Broadmead. His deft bow and nimble fingers have previously performed for our enjoyment.

Hungarian-born, Szabo, a contest winner, participated in the Leipzig International Bach Competition, leading to performances in Eisenach and other German cities. In 1989 he became a student at the Peabody Conservatory and in 1991 concertmaster of the Hopkins Symphony Orchestra. He was a Yale Gordon finalist in the Competition held at the Peabody Conservatory in 1991.

Sung-Hung Mo, Szabo's accomplished piano companion, is studying at the Peabody for his doctorate.

Someone described the program as a "Candybox of Music." The tuneful goodies were pieces by Schubert, Saint-Saens, Frank and Kreisler.

Broadmead hopes that more performances by these talented musicians are in its future.

B-flat

HAPPY BIRTHDAY, OPD

October 1979 was the beginning of Outpatient Services at Broadmead. Over the years these services have expanded and developed. The department is our security blanket, and its personnel works hard to meet our needs, despite recent difficult circumstances.

The Health Committee will celebrate this anniversary on October 1st, when we will individually pay our respects. We hope that Residents will join us in recognizing this very successful operation by sending personal messages.

- Paula Balser

WENDY WHITE

When our pretty, red-haired lifeguard's parents went to the adoption agency, they planned to take home a gift from God. Before they even saw Wendy, they knew she was God's gift.

"Don't you want to see any other babies?" the agency social worker asked?

"No," they said. "We know that whatever child you chose, she is the child God wants us to have. Everything will fall into place."

They did not "need" to adopt a child. They already had a two-year-old daughter and would have another after Wendy. They knew in their hearts that God would give them this wonderful gift and He did. This must be the secret of successful parenting. On the other hand, who could help loving a child like Wendy?

Wendy grew up in Cockeysville and attended all three elementary schools there. She graduated from Hereford High School where she enjoyed swimming, diving, field hockey, volley ball, la crosse, and soft ball. Biking is her favorite sport now. Last month she participated in a 20-mile bike-a-thon for M.S. She takes classes at Essex Community College and works toward a degree in health and physical education. Before she was our lifeguard, she worked in the coffee shop.

My time is not MY time she says - it's God's time. She gives many nights of her week to her church. During her vacation next year, she'll work with children in a church camp. Let us cherish her now and hope she comes back to us. The old Quakers would say, "God's Grace fills her life and shines in her eyes."

- Phyllis Tyler

Library Notes

Over 200 books have been added to the Broadmead Library since the last list appeared in June. A selection follows.

- Sally Jones

FICTION

- Chernaik, Judith. Love's children. 1992.
Davis, Albert. Marquis at bay. 1992.
Godwin, Gail. Father Melancholy's Daughter. 1991.
McCullough, Colleen. The first man in Rome. 1990.
The grass crown. 1991.
McGrath, Patrick. Spider. 1990.
Munro, Alice. The progress of love. 1986.
Otto, Whitney. How to make an American quilt. 1991.
Percy, Walker. The moviegoer; The last gentleman; The second coming. 1991.
Plaidy, Jean. The pleasures of love; the story of Catherine of Braganza. 1992.
Segal, Erich. Acts of faith. 1992.
Slavitt, David R. Short stories are not real life. 1991.
Talese, Gay. Unto the sons. 1992.

FICTION - Mystery

- Crichton, Michael. Rising sun. 1992.
Deighton, Len. Spy line. 1989.
Littell, Robert. The once and future spy. 1990.

LARGE PRINT

- Bible. O.T. English. Revised standard version. 1982. Reader's Digest bible, condensed from the revised standard version.
Gethers, Peter. The cat who went to Paris. 1991.
Godden, Rumer. Coromandel sea change. 1991.
Steele, Danielle. No greater love. 1991.

REFERENCE

- Fuld, James Jeffrey. The book of world-famous music: classical, popular and folk. 1985.
Haggar, Reginald G. The concise encyclopedia of continental pottery and porcelain. 1960.

- Partridge, Eric. A concise dictionary of slang and unconventional English. 1989.

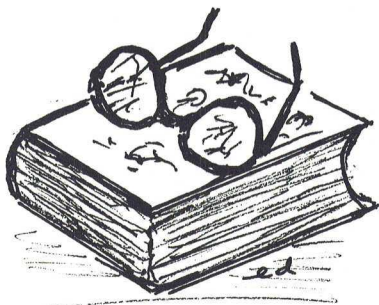
BIOGRAPHY

- Bateson, Mary Catherine. Composing a life. 1990.
Berberova, Nina Nikolaevana. The italics are mine. 1992.
Cheever, Susan. Treetops; a family memoir. 1991.
Davis, William C. Jefferson Davis: the man and his hour. 1991.
Digges, Deborah. Fugitive spring; a memoir. 1992.
Doyle, Sir Arthur Conan. Memories and adventures. 1924.
Durrell, Gerald. The Ark's anniversary. 1991.
Hulbert, Ann. The interior castle; the art and life of Jean Stafford. 1992.
Trotta, Liz. Fighting for air; in the trenches with television news. 1991.
Ulrich, Laurel. A midwife's tale: the life of Martha Ballard, based on her diary, 1785-1812. 1990.

GENERAL

- Cannadine, David. The pleasures of the past. 1989.
Chang, Jung. Wild swans: three daughters of China. 1991.
Cockburn, Leslie. Out of control: the story of the Reagan administration's secret war in Nicaragua, the illegal arms pipeline, and the Contra drug connection. 1987.
Dear, Ian. The Champagne Mumm book of ocean racing; an illustrated history. 1985.
Ehrlich, Paul. The birder's handbook; a field guide to the natural history of North American birds. 1988.
Keillor, Garrison. A radio romance. 1991.
Lewis, Clive S. The essential C.S. Lewis. 1988.
Lugar, Richard G. Letters to the next President. 1988.
Nixon, Richard Milhous. Seize the moment; America's challenge in a one-superpower world. 1992.

Randall, Carter. Up on the market with Carter Randall; wisdom, insights & advice from a lifetime on Wall Street. 1992.
 Welty, Eudora. The Norton book of friendship. 1991.
 Yalom, Irvin D. Love's executioner and other tales of psychotherapy. 1989.



POSTCARDS FROM THE EDGE
. . . OF THE POOL

Dear Residents:

This summer has been a blast, but guess what? We'll keep the pool open all season! Many of you have enjoyed the opportunity to resort poolside between vacations and summertime activities.

Pool attendance still fluctuates between 15 and 25 people daily, and the Aquatics Class is almost full again. Many have brought their friends and family to peek at the crystal blue, and some guests have even joined the classes.

Many have responded favorably to the great feeling after spending time in the pool or spa.

So come and join the fun. Be sure to check the Pool or Residents' Bulletin Boards for schedules and updates.

Splash ya,

WENDY



PRIZE-WINNER

Imagine the joy, and the humiliation, of living next door to a gourmet chef! Our neighbor, Jim Coale, came for a brief visit one late August afternoon, "just long enough for the pie pastry to chill."

He loves to cook, cheered on by Cluster E, who sample his creations at Christmas and other seasons. Out of four entries in the Maryland State Fair this year -- rye bread, simple pie crust, apple pie, and peach pie, he won two third prizes. That's progress, in view of his winning only one last year.

Nelson Phelps, also a Broadmead resident and Assistant General Manager of the Maryland State Fair, says entries were up this year in the Home Arts Department. "Considering the competition, Jim should feel complimented."

Judges are chosen by the Superintendent of the Home Arts Department upon recommendation of staff at the Fair and consideration of other qualified interested persons.

Jim intends to keep trying, and generously offers to share his winning recipes for rye bread and apple pie.

-Whitty Cuninggim



SAMPLERS

There is something touching about this collection, now on exhibition on East Hall, of the handiwork of little girls. For hundreds of years, when there were no craft books to illustrate embroidery patterns, they were called "darning samplers." They were not made to hang on walls but were rolled in tissue paper and stored in drawers.

Occasionally an especially fine sampler was hung in a reception room to show off the skill of a daughter of the house to her gentlemen callers. You will see in one beautiful sampler the date is cut out. The young lady evidently did not want her suitors to know the year in which she was 11 years old.

One of the Motz samplers, 1832, Darmstadt, Germany by Eleanora Pietsch is clearly a darning sampler. It was to show the maids how to initial and decorate the family linen and clothing.

The Dorothy Clapp who did the "ancestral sampler" in 1828 was obviously not our Dorothy Clapp but an ancestor of Clyde's whose forbears came to New England on "The Mary and John" in 1630.

The coarser the thread, the older the sampler. The Jones' sampler, worked in Wales in 1832, was as beautiful on the back as on the front. Thus, Marjorie Jones framed it between two pieces of glass. Moisture and sunlight darkened and stained what had lain safely in a drawer for 150 years.

Three of the samplers were done in dame schools or boarding schools. Jean Ewing's Westtown School sampler shows the original brick front of Old Main in 1803.

The two beautiful samplers lent by Rose Rumford are collectors items - not family samplers. Only recently, she says have samplers become extremely valuable. What

could once be had for \$100 now costs thousands.

The three samplers lent by Helen and David Matthews belonged to Eleanor Matthews, who died at Broadmead a few years ago. If you wonder about the torn one with woolen stitches eaten away by moths, there's an explanation. Helen promised Eleanor she would have all three samplers framed. One of them couldn't be found until the Matthews themselves moved to Broadmead. It had fallen behind a radiator. Helen is a woman who keeps her promise.

My special thanks to Rose Rumford who knows more about samplers than anyone I've ever known.

-Phyllis Tyler



SIGHTING . . .

. . . in a Broadmead garden, amid the raspberries, a bird making a mockery of an owl "scarecrow" by perching on its head! The bird? A mockingbird, of course.

- NR

In Memoriam

DOROTHY H. WOLFE

September 22, 1902 - August 24, 1992

MARY C. MORRILL

September 22, 1905 - September 13, 1992

GEORGE H. DOWELL

December 14, 1908 - September 14, 1992

GEORGE A. CONNER

June 9, 1904 - September 19, 1992

SOUTH-PAWS

by

Tom Crawford, M.D.

My thanks to the Residents who so promptly completed my survey on hand dominance.

Recently, the significance of hand dominance has become controversial and intriguing. Conventional genetics, as I was taught decades ago, assumed that right-handedness was an expression of a simple Mendelian dominant gene. Therefore, 75% of the population should be right-handed and 25% left-handed. Current genetic studies do not support that old theory. Genetically identical twins may differ as frequently as 15% of the time.

Left-handers have always been fewer than the genetic predictions. due to social and educational pressures to use the right hand. This coercion is understandable when one considers the many derogatory theoretical associations attributed to left-handedness, even in the early part of this century. Depravity, criminality and an ill-organized nervous system are but some of the discriminatory myths. Dozens of studies suggest that left-handers suffer a higher incidence of diverse maladies such as learning disabilities, alcoholism, depression, bed-wetting, sleep disorders, epilepsy, auto-immune diseases, autism, drug abuse, ad infinitum. But other studies demonstrate numerous laudatory functions in the right hemisphere, which controls the left side of the body. Among these are intuition, creativity, conceptual, spatial and interpersonal talents, along with musical and artistic genius.

The etiology of left-handedness has been ascribed to genetics, birth injury, elevated fetal testosterone levels and even maternal age. Regardless of the cause, the observed incidence during the first third of life hovers around 15%.

Virtually all interest in hand dominance was confined to academic circles until two psychology professors, Stanley Coren and Diane Halpern, conducted a study of 2,271 deceased baseball players. They found, simply, that left-handers did not live as long as right. In fact, after the age of 33, the death rate in any given year was two percent higher for the left-handers. Overtime, this translates into a significant discrepancy. So much so that at age 50 only six percent of the population was left-handed, and by age 80, the incidence was virtually zero.

Based on 275 responses to the questionnaire, the following data were compiled:

- 93.5% of Broadmead Residents are right-handed.
- 5% are left-handed.
- 1.5% are ambidextrous.
- Ambidextrous males and females are equal in number.
- 6% of males are left-handed.
- 5% of females are left-handed.
- When both parents were right-handed, male and female Residents were 94% and 92% right-handed respectively.
- When one parent was left-handed, male and female were 50% and 60% right-handed respectively.



FRANK AND ERNEST by Bob Thaves

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- When both parents were right-handed, 88% of Residents, whether right or left-handed, had at least one sibling who was left-handed. Many had no siblings, and where there were multiple brothers and sisters the number of lefties was not determined. Therefore, the true incidence of left-handedness at birth could not be determined. However, it appears to exceed 12%. It is interesting that the incidence of at least one left-handed sibling was constant, whether or not the Residents were grouped as male, female, right or left-handed (86.3-89.1%).

- 50% of both male and female left-handed Residents were over 80.
- Right-handed females were 0.1 year older than the overall average.
- Left-handed females were 0.6 year younger.
- Right-handed males were 0.4 year younger.
- Left-handed males were 1.4 years younger.
- Ambidextrous males and females were exactly average in number.
- Not a single Resident reported having both parents as left-handed.

None of the findings were subjected to statistical analysis. However, except for the paucity of left-handed males, most numbers seemed adequate for the purpose. Certainly this is a subject which will get more research. This survey did suggest that there is (1) an hereditary component; (2) an arbitrary constant of about 12% and (3) a relative paucity of left-handers in the geriatric population.

Left-handers should note that Presidents Ford, Reagan and Bush and candidates Clinton and Perot are left-handed. At least it's not a political issue.

One Resident thought the whole survey was gauche.



TO RESIDENTS, TRUSTEES AND STAFF AN INVITATION

The Tree Committee invites you to two AUTUMN TREE WALKS, on Sundays, October 18 and 25, from 3:00 to 4:00 pm - longer, for those wishing to continue.

Rain date, for either walk, is Sunday, November 1. (Reception Desk will know if walk must be cancelled.)

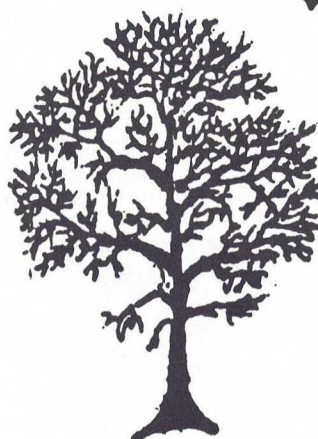
We will leave the lower level entrance promptly at 3:00 and walk through the springhouse/pond/barn grove, where the Arbor Day saplings and subsequent acquisitions were planted. We'll include Holly House lawn and drive, and explore Pawpaw Lane, where the venerable white oak stands.

As time permits, our walk will continue along the perimeter road by the drainage basin, where interesting swamp plants grow. Directly ahead will be the striking foliage of sugar maples and, to the north, the expanse of autumn colors of our wooded hillside, where the Nature Trail is located.

The wetlands will still be off limits.

Wear walking shoes. You may also wish to bring a tree guide and binoculars.

-Nancy Rowe



THE HEALTH CARE COMMITTEE ... NOW AND THEN

The Broadmead Resident Association established a Health Care Committee as one of its standing committees early in 1980 -- charged to act as liaison between Residents and Administration, and to contribute to a steady improvement of health care at Broadmead.

At that time Broadmead was struggling in many ways, and the provision of health care was no exception. Lifetime care communities were newcomers to Maryland. The State's existing laws and regulations did not fit a set-up in which a relatively small number of nursing home beds was combined with other aspects of health care to serve a specific community. Both Broadmead and the State agencies had to make concessions until the necessary licenses could be obtained, and delay in the delivery of beds caused further frustrations. The badly needed inpatient care was not available until February, over four months after Broadmead's opening.

The new Health Care Committee quickly became acquainted with Resident expectations, demands and complaints and started a dialogue with the Administration and Trustees. Regular joint meetings made it possible to convey the community climate and to propose new programs or changes. Some of these early concerns and suggestions have resulted in now well-established practices such as cluster care, tray services, improved staffing and a closer relationship between inpatient and outpatient services. A Health Care Manual for Residents, prepared by the Committee in 1982, has been obsolete for several years because of many changes, and over time the style of the Committee operation has changed, too. Staff members now regularly attend all meetings. They and two delegates from the Resident Association maintain liaison with the Trustees.

More recently, the Committee has joined efforts with the Staff to improve the Staff's health care library and to solve transportation problems of Residents needing off-campus medical care. Committee members participated in the development of a health care philosophy statement and represent the Association on the Hallowell Council, which was established in 1991 accordance with Federal law to enable patients to make their problems known and to participate in solutions.

A few of the early concerns and interests have remained with us over the years; they are still a part of Committee activity.

1. Single occupancy in Hallowell. Since 1980, when the Administration first proposed a guide for the use of beds which included a large component of double occupancy rooms, the Committee has stressed the need and desire for more single rooms. Two studies: an analysis of the use of beds in 1981-82, and a detailed planning document with five possible options for future development. These long-term efforts by the Committee, combined with those of various Staff members, individual Residents and the Trustees have resulted in the construction of two new wings in Hallowell with single rooms only--a considerable improvement but not yet the perfect solution.

2. Health maintenance programs. In 1980 the Committee, in cooperation with the health care Staff, began sponsoring lectures and discussions dealing with promotion and maintenance of good physical and mental health. Speakers have been health-care officials, Residents knowledgeable in specific health issues and medical professionals, mostly from this area. These originally monthly presentations have dwindled in number over the years. But considering the many recent changes in the delivery of health care, widespread problems like AIDS, drug-resistant

diseases, and the degenerative ramifications of longevity, it seems timely to readdress them. A Staff/Resident subcommittee for health education programs has been formed, which serves as a clearinghouse for all such programs. Questionnaires have indicated the main areas of interest among Residents, and the Committee plans four programs during the current year and will coordinate with others in the presentation of some additional ones.

-Alice Tobler



BARBARA CARES

Barbara Biechert has been on deck as Hallowell's Evening Unit Supervisor since day one when the health care unit opened in February 1980. She has seen the health care unit develop from serving half a dozen Residents to its present number of beds in two additional wings and half of Taylor Hall. Early on, to utilize the facility to near capacity, per diem patients convalescing from hospital stays were admitted as temporary patients.

At that time Hallowell performed all phases of total nursing care -- oxygen therapy, I-V therapy, tube feedings -- whatever was necessary. Gradually as Resident patients increased, the more drastic treatments had to be discontinued and per diems were no longer admitted.

Barbara is not only a gold mine of information about Hallowell; she is a deeply caring nurse. Everyone who has ever received her special care says immediately when her name is mentioned, "She's wonderful."

Barbara is enthusiastic about her assistants and says they are a very special group who regard their patients as an extension of family. This is shown in the quality of care they give and by the fact that patients sense that they are receiving special attention. Although she would never even faintly hint that she herself is in any way responsible for the loving care of her assistants, Barbara's leadership is outstanding.

Barbara's first job was at St. Joseph Hospital. She absorbed her feeling of deep concern for each individual patient from the professionalism and teamwork she found at St. Joe's. She never expected to find it like elsewhere. But when she heard about Broadmead, she decided to apply. Her initial interview, three hours long, was the best she ever experienced. She decided to wait until the health care unit opened, for she wanted to work here. And she has found here an even higher degree of professionalism and caring teamwork than at St. Joe's. She cites Residents who have come to Hallowell determined to dislike everything and everybody there, but when the time comes to leave they are reluctant to go.

A well-known character came to Hallowell about the time Barbara arrived -- "Hallowell the Cat." He was a kitten when he arrived, but has spent his lifetime being coddled by cat lovers on Hallowell. (Barbara thinks Penny Pentz was the one who brought him here.) Nowadays if you see a gray cat wandering the halls, you are not "seeing things." "Hallowell" has recently been freed of his restraints and confinement to his cart and allowed to wander around

his territory at will. So far, no problems.

As Hallowell (the place) grew, grew the activities planned for the permanent Residents. Harriet Willets, Yvonne Craft and Debbie Arnold plan and provide all kinds of activities from cookouts to movies to musical entertainments to luaus to games. Something interesting is happening every day.

Barbara has a very high regard for Susan Ganson, Director of Nursing. She allows supervisors to supervise. The teamwork among the staff is due to Susan, who is interested in all aspects of every activity of the health care unit. Susan has taught Barbara a great deal about the necessary business aspect of nursing, something she had not hitherto been interested in.

One cannot talk to Barbara without being aware of the force that drives her -- she loves her job!

- Helen Criley



NEW ERA FOR MOVIES

For several years, the Movie Committee has sought ways to improve the quality of both sound and picture in our weekly movies.

The Committee is pleased to announce recent acquisition of new modern-age equipment which has brought about major changes.

**The new high-tech video projector and a high quality VCR for movies have been in use for two months. Those who have seen movies this summer are witnesses to the vast improvement over the old obsolete equipment.

**The new projection screen -- placed higher and at the front of the stage -- is now in use after delays in its installation. It is not a perfect solution. But it is the best that can be done unless the auditorium is rebuilt. This new screen also will improve the viewing of slide shows.

Administration has been asked to install blackout curtains in the Lounge so that in the summer the rear doors of the Auditorium can be opened for larger audiences. Residents had to be turned away from one movie when about 125 tried to get into an auditorium seating 100.

Coincidental with these improvements, the Audio-Visual Committee is acquiring additional new equipment for other Auditorium events -- such as a "traveling" wireless microphone for questions, and a wireless remote control for slide projectors. These will eliminate wires along the floor.

All of this new equipment has been paid for by the Residents Association, which appropriated \$8,500 of its unused funds last year for audio-visual improvements.

How does the Movie Committee function? It is composed of eight Residents divided into four teams of two Residents each. The team selecting the movies changes each month. In this way we aim for a variety of movies to suit the variety of tastes. The Committee is assisted by three Residents who operate the equipment.

- Augusta Shackford



BULLETIN BOARD

RESIDENT TALENT

Following the current exhibit of samplers in the East Hall, Edith Reider's watercolors will be on view -- from October 12 to November 17.

Edie spent three years attending night classes in watercolor at the Maryland Institute and studied under Fritz Briggs at the Schuler School of Fine Arts.

BARN SALE

Thursday and Friday, November 5th and 6th. Mark the dates.

HEELS - N - WHEELS '92

Join the Broadmead Community as we stroll and roll through the Clusters. Our first Fitness and Fun Cluster Walk will be held

Friday, October 23: 8--4

All are invited to walk or roll for fun, safety and health!

OPEN FORUM

Thursday, October 1: PREVIEW OF 1992 ELECTIONS -- Jay Jenkins, Retired Editor, Evening Sun.

Thursday, October 8: OPEN DISCUSSION OF ELECTION ISSUES

Thursday, October 22: "AFFORDABLE AND ELDERLY HOUSING": Steve Lafferty, President, Community Assistance Network. (This \$600,000 Bond Issue will be put to referendum on the November ballot.)

SHAPE UP

TUESDAYS AND THURSDAYS - 8:30 TO 11:30 AM - EXERCISE ROOM, STONY RUN. Instruction and assistance in the use of equipment will be given by a representative of the Physical Performance Institute, Owings Mills.

OCTOBER MOVIES

October 6 -- LIFE IS SWEET.

English comedy about the domestic life of a lower middle-class family. Parents with conventional values are upset by one of their mismatched twin daughter's outrageous behavior, in contrast to her quiet, dignified sister. The tone of the film is light and casual and ends with an extraordinary conversation between the twins.

October 13 -- BLACK ROBE.

An unusual and stirring tale of North American Indians and a French Jesuit missionary in the early 17th century. A cultural-class drama. The pious young priest and the Algonquin chief, whose world views are so radically opposed, seem unable to accept each other, either as men or in the realm of the spirit.

October 20 -- SHINING THROUGH.

An intriguing World War II adventure filled with romance, suspense and danger. Melanie Griffith, secretary to her mysterious boss, Michael Douglas, is sent to Germany as a secret agent where she joins a fellow spy, John Gielgud.

October 27 -- REAR WINDOW.

Hitchcock's most stylish thriller. Photographer James Stewart, confined to a wheel chair, uses binoculars to spy on courtyard neighbors and discovers a possible murder. Grace Kelly is society girl friend.

YOUR VOTE COUNTS

THE DEADLINE FOR FILING AN APPLICATION FOR AN ABSENTEE BALLOT. IS OCTOBER 27.

IF YOU WISH TO GUARANTEE ITS ARRIVAL ON TIME, PLEASE MAIL NO LATER THAN OCTOBER 20.

NOVEMBER ISSUE DEADLINE

Monday, October 12

MUSIC IN OCTOBER

Sunday, October 11: 1:45 PM-Lounge
Evan Drachman, Cello
Thursday, October 15: 7:00 PM-Lounge
"Let's Sing"
Sunday, October 25: 1:45 PM-Lounge
Elaine Erickson, Piano

EMPLOYEE CRAFT FAIR

The annual Employee Craft Fair will be held on Wednesday, November 18, 10:00 AM - 2:00 Auditorium.

ADVENTURES IN LEARNING

"Frontiers: their significance in the cultural development of Australia":

Four lecture/discussions based on four relevant books and four films. The roles of explorers, frontiersmen/women, the isolated artist and the alienated intellectual will be considered.

Lectures: Wednesdays, October 7, 14, 21, 18. Auditorium.
Films: Fridays October 2, 9, 16, 20. Auditorium.

Great Books Discussions

Two sections (one with Dr. Harry Dowling, one with rotating leadership). Second and fourth Thursdays beginning October 14 & 16: 10:00 AM to NOON. Taylor Hall East Lounge.

Preview: "Picture Perfect-Icons of Modernism from the Museum of Modern Art." Slide lecture by Alicia Legg.

Wednesday, November 11.

NOVEL THEOLOGY will meet October 26 at 11:00 in the Stony Run Activities Room to discuss Saint Maybe by Anne Tyler. The leader is Carl Edwards, rector of Immanuel Episcopal Church in Glencoe. The group will continue to meet on the fourth Monday of the month to study a different novel each session. For details, call Harriette Shelton, 527-0829.

SLIDE PRESENTATIONS

Auditorium 7:15 PM

Thursday, October 1: "FOLK ART - EVERYWHERE YOU LOOK." Martha Cooper, a photojournalist who specializes in art and anthropology, is director of photography at City Lore, the New York Center for Urban Culture. She has worked as staff photographer on the New York Post and her work has appeared in National Geographic and Smithsonian Magazines.

Saturday, October 10: "MEMORIES OF CHARLESTON." Charles R. Anderson, author and former Baltimorean now living in London, will be our guest speaker. He will share his experiences and impressions of Charleston during a year-long visit.

Saturday, October 24: "SPANISH ART AND ARCHITECTURE." Kate Schwabe, recent at the Walters Art Gallery, will relate her experiences on a recent trip to Spain. She will focus on the Prado Museum in Madrid, the Alhambra Palace in Granada and the Mosque at Cordoba.

OCTOBER IS OUTPATIENT DEPARTMENT APPRECIATION MONTH

THE VOICE OF THE RESIDENTS

Published by and for the Residents Association of Broadmead, Jim Biddison, President.
Ruthanne W. Baldwin, Editor; Judy Keyser, Assistant Editor; Betty Mercer, Typist; Evelyn McCartney, Proofreader; Board Members: Helen Criley, Betsy Griffin, Louis Hamburger, Sally Jones, Kathaleen Kennedy, Nancy Rowe, Alice Tobler, Phyllis Tyler. Sketches by Esther Donahue. "Wetlands" drawings by Marian Shapiro.



INTO THE WOODS . . .



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